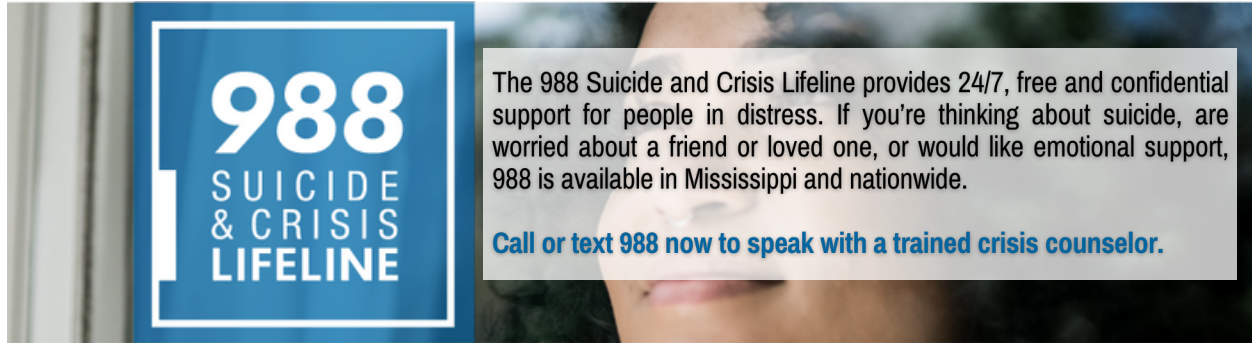




Mississippi Behavioral Health Crisis Services & Community Mental Health Centers

Mississippi Department of Mental Health

The **Mississippi Department of Mental Health** (DMH) is committed to making available a comprehensive system of services and supports so all Mississippians have access to the least restrictive and most appropriate level of services and supports that will meet their needs. Just as with physical health problems, there may be times when a mental health crisis occurs unexpectedly. It is important to know what resources are available to you. DMH helps fund and make available the below services throughout Mississippi. **For more information about the department or to find additional services and supports near you, call the DMH Helpline at 1-877-210-8513 or visit www.dmh.ms.gov online.**



The 988 Suicide and Crisis Lifeline provides 24/7, free and confidential support for people in distress. If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, 988 is available in Mississippi and nationwide.

Call or text 988 now to speak with a trained crisis counselor.

Regional Community Mental Health Centers (CMHCs) operate under the supervision of regional commissions appointed by county boards of supervisors from their respective service areas. The CMHCs make available a range of community-based mental health, drug and alcohol addiction, and intellectual/developmental disabilities services. CMHC governing authorities are considered regional and not state-level entities. DMH is responsible for certifying, monitoring, and assisting CMHCs. Mobile Crisis Response Teams are available through all CMHCs. In addition, Crisis Stabilization Units are located throughout Mississippi, with at least one in each CMHC region in the state.

Mobile Crisis Response Teams

Mobile Crisis Response Teams provide guidance and support to adults and children who are experiencing a mental health crisis. The teams work closely with law enforcement to reduce the likelihood that a person experiencing a mental health crisis is unnecessarily placed in a more restrictive environment, like jail, a holding facility, hospital, or inpatient treatment.

- Response teams are available in all 82 counties and can be accessed by calling the toll-free numbers that are answered around the clock by Licensed Therapists, Peer Support Specialists, and Community Support Specialists.
- Response teams respond wherever a person is experiencing a crisis or at a designated location, like a local hospital.

Crisis Stabilization Units

Crisis Stabilization Units (CSUs) offer time-limited, voluntary, residential mental health treatment services for people with severe mental health problems. They also offer the opportunity for the problem to be addressed to avoid court commitment to a state behavioral health program. CSUs provide a thorough mental health assessment and treatment, along with follow-up outreach and aftercare once a person is discharged. Crisis Stabilization Units are currently available in:

Batesville

Phone: (662) 563-9176

Brandon

Phone: (601) 724-9444

Brookhaven

Phone: (601) 823-2300

Cleveland

Phone: (662) 846-2620

Corinth

Phone: (662) 286-5469

Grenada

Phone: (662) 227-3700

Gulfport

Phone: (228) 213-5900

Jackson

Phone: (769) 257-6288

Laurel

Phone: (601) 426-7520

Moss Point

Phone: (228) 497-0434

Natchez

Phone: (601) 492-4001

Newton

Phone: (601) 683-4300

Tupelo

Phone: (662) 304-2900

West Point

Phone: (662) 494-4066



Mississippi Behavioral Health Crisis Services & Community Mental Health Centers

Mobile Crisis Response Team Contact Numbers:

CMHCs may have multiple teams or numbers

Region 2 · (866) 837-7521

Calhoun, Lafayette, Marshall, Panola, Tate, Yalobusha

Region 3 · (866) 255-9986

Benton, Chickasaw, Itawamba, Lee, Monroe, Pontotoc, Union

Region 4 · (888) 287-4443

Alcorn, DeSoto, Prentiss, Tippah, Tishomingo

Region 6 · (866) 453-6216

Attala, Bolivar, Carroll, Coahoma, Grenada, Holmes, Humphreys, Issaquena, Leflore, Montgomery, Quitman, Sharkey, Sunflower, Tallahatchie, Tunica, Washington

Region 7 · (866) 866-6505

Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Webster, Winston

Region 8 · (877) 657-4098

Copiah, Lincoln, Madison, Rankin, Simpson

Region 9 · (601) 955-6381

Hinds

Region 10 · (800) 803-0245

Clarke, Jasper, Kemper, Lauderdale, Leake, Neshoba, Newton, Scott, Smith

Region 12 North · (888) 330-7772

Covington, Forrest, Greene, Jeff Davis, Jones, Lamar, Marion, Pearl River, Perry, Wayne

Region 12 West · (877) 353-8689

Amite, Franklin, Lawrence, Pike, Walthall

Region 12 Coast · (800) 681-0798

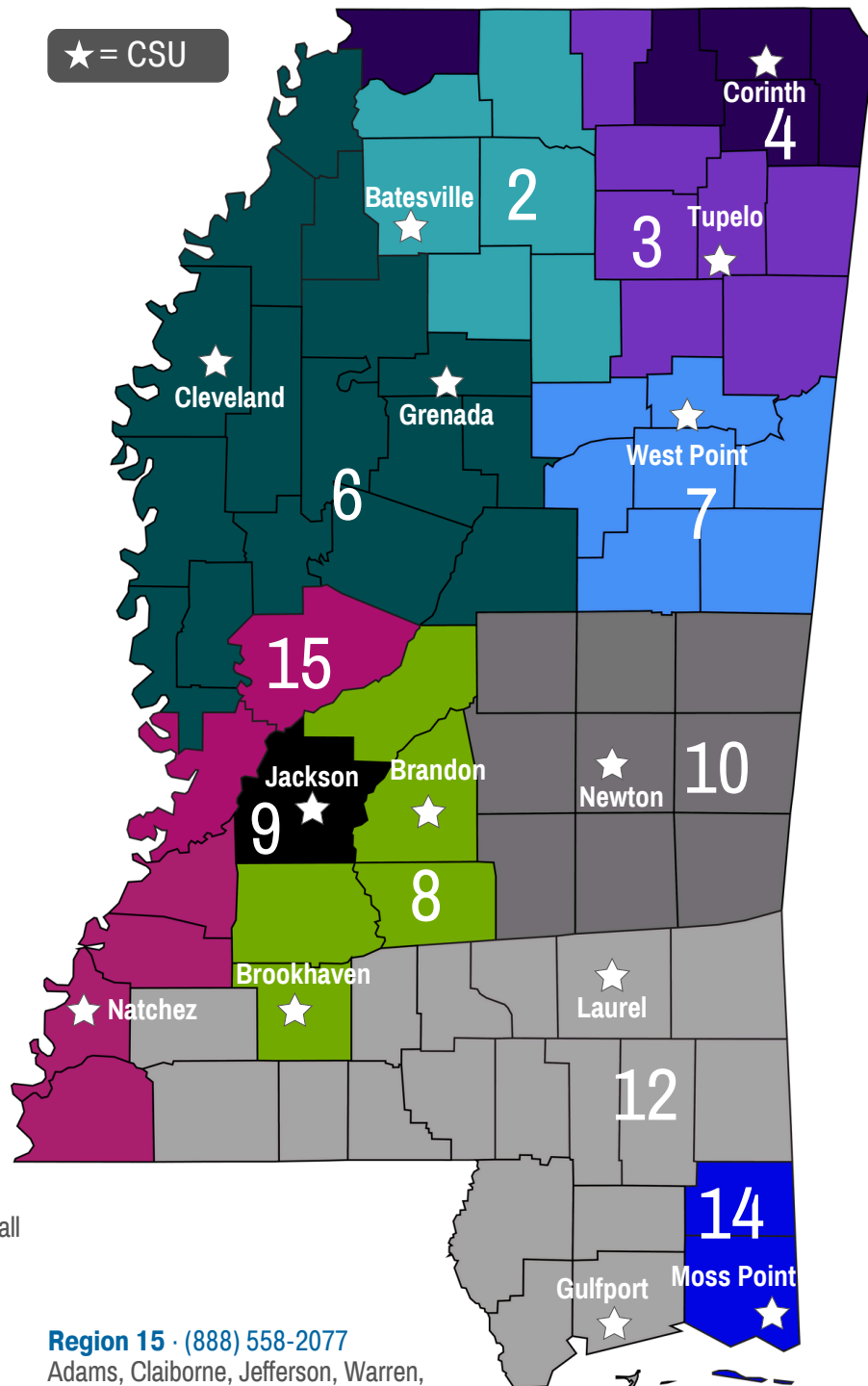
Hancock, Harrison, Stone

Region 14 · (866) 497-0690

George, Jackson

Crisis Stabilization Unit Locations

★ = CSU



Region 15 · (888) 558-2077

Adams, Claiborne, Jefferson, Warren, Wilkinson, Yazoo



Mississippi Community Mental Health Centers Intensive Community Services

Intensive Community Services

The Department of Mental Health funds intensive community services that are provided by all of the state's Community Mental Health Centers (CMHCs). These services are designed to prevent readmissions to state behavioral health programs and provide services to people in their homes, rather than an inpatient facility, allowing them to continue living in their communities. These intensive community services include Programs of Assertive Community Treatment, Intensive Outreach and Recovery Teams, and Intensive Community Support Services. **At least one of the below three services (PACT, ICORT, & ICSS) is available in each of Mississippi's 82 counties.**

Programs of Assertive Community Treatment (PACT) Teams help people who have the most severe and persistent mental health problems who have not benefited from traditional outpatient services to live successfully in the community while receiving mental health treatment services.

Intensive Community Outreach and Recovery Teams (ICORTs) are a modification of PACT with fewer staffing requirements and higher client-staff ratios than a traditional PACT Team. An ICORT is an opportunity for CMHCs unable to sustain a PACT Team to provide a similar intensive service to help keep people out of the hospitals.

Intensive Community Support Services (ICSS) are provided by specialists who have a direct involvement with the person receiving services. These services are similar to targeted case management, but they maintain lower client to staff ratios and provide services primarily in the community instead of office settings.



Supported Employment & Housing

Supported Employment, an evidence-based way to help people diagnosed with mental illnesses secure and keep employment, begins with the idea that every person with a serious mental illness is capable of working competitively in the community.

Supported Housing is available in Mississippi through a program known as CHOICE - Creating Housing Options in Communities for Everyone. CHOICE allows people with a serious mental illness to live in the most integrated settings in the communities of their choice by providing an adequate array of community supports/services. While CHOICE provides the assistance that makes the housing affordable, local Community Mental Health Centers provide the appropriate services. Referrals to CHOICE are currently handled by the Open Doors Homeless Coalition. For more information, contact your local CMHC or visit www.opendoorshc.org/choice/.



Mississippi Community Mental Health Centers Children & Youth Services

Navigate

Navigate is an evidence-based program that assists Mississippians, 15 - 30 years of age, who have experienced their first episode of psychosis. Services are delivered by Coordinated Specialty Care Teams, which provide early intervention and recovery-oriented services that have been shown to improve outcomes in youth and young adults who are at risk for serious mental illness. Interventions include intensive case management, individual or group therapy, supported employment, education services, family education and support, medication management, and peer support services.

Juvenile Outreach Programs

Juvenile Outreach Programs, operated by Community Mental Health Centers throughout the state, provide linkage and access to mental health services to youth who are involved in the juvenile justice system. The programs provide assessments, community support, wraparound facilitation, and a number of other services to youth with serious emotional disorders and/or mental illnesses who are in detention centers or the juvenile justice system. The goal is to improve behavioral and emotional symptoms, and also to prevent future contacts between youth and the courts.

MAP Teams

A Making A Plan (MAP) Team is made up of individuals from local community agencies that work with children and youth. The first priority of the MAP Team is to review cases concerning children and youth (ages 0 – 21) who have a serious emotional/behavioral disorder or serious mental illness and who are at risk of an inappropriate placement due to the lack of access to or availability of needed services and supports in the community.

Wraparound Facilitation

Wraparound Facilitation is family and youth guided and provides intensive services to allow children and youth to remain in their homes and community. With the help of a team, the family and youth lead the development of an individualized service plan to help them achieve their goals.



Speak to your Community Mental Health Center to find out more about availability of these services in your local community.