



# Mississippi Community Mental Health Centers Children & Youth Services

## Navigate

**Navigate** is an evidence-based program that assists Mississippians, 15 - 30 years of age, who have experienced their first episode of psychosis. Services are delivered by Coordinated Specialty Care Teams, which provide early intervention and recovery-oriented services that have been shown to improve outcomes in youth and young adults who are at risk for serious mental illness. Interventions include intensive case management, individual or group therapy, supported employment, education services, family education and support, medication management, and peer support services.

## Juvenile Outreach Programs

**Juvenile Outreach Programs**, operated by Community Mental Health Centers throughout the state, provide linkage and access to mental health services to youth who are involved in the juvenile justice system. The programs provide assessments, community support, wraparound facilitation, and a number of other services to youth with serious emotional disorders and/or mental illnesses who are in detention centers or the juvenile justice system. The goal is to improve behavioral and emotional symptoms, and also to prevent future contacts between youth and the courts.

## MAP Teams

**A Making A Plan (MAP) Team** is made up of individuals from local community agencies that work with children and youth. The first priority of the MAP Team is to review cases concerning children and youth (ages 0 – 21) who have a serious emotional/behavioral disorder or serious mental illness and who are at risk of an inappropriate placement due to the lack of access to or availability of needed services and supports in the community.

## Wraparound Facilitation

**Wraparound Facilitation** is family and youth guided and provides intensive services to allow children and youth to remain in their homes and community. With the help of a team, the family and youth lead the development of an individualized service plan to help them achieve their goals.



Speak to your Community Mental Health Center to find out more about availability of these services in your local community.